

2015/2016-2016/2017 NOCN Independent Living Qualification Unit Coverage
 Certificate in Independent Living: Looking after Yourself and Your Home (15 credits)
 Certificate in Independent Living: Living in the Community (15 credits)

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 E1 - E3	Lesson A	HS: Everyday Food and Drink Preparation 3 credits		HHS: Using Domestic Appliances 2 credits		HHS: Kitchen Hygiene 1 credit	M: Looking After Yourself and Your Home 1 credit Mandatory Unit
	Lesson B	PDLA: Exploring Art 3 credits		PC: Health and Fitness 3 credits		PDLA: Accessing the Countryside 3 credits	
	Lesson C	PC: Personal Care and Hygiene 3 credits		PDLA: Personal Awareness 2 credits		PC: Choosing Clothing and Footwear 2 credits	
Year 2 E1 -E3	Lesson A	PDLA: Making Choices 1 credit	PDLA: Computer Games 1 credit	PDLA: Understanding Relationships 2 credits		HS: Recycling and Managing Waste 2 credits	
	Lesson B	PDLA: Pet Care 3 credits		RR: Understanding Rights and Responsibilities 3 credits		ACF: Getting About Safely 3 credits	
	Lesson C	PDLA: Hobbies 2 credits		PDLA: Gardening for Pleasure 3 credits			M: Living in The Community 1 credit

2015/2016-2016/2017 ASDAN Life Skills Challenge Unit Coverage

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 WTE1	Lesson A	Preparing a Simple Snack 10 GLH		Using ICT in the Home 10 GLH		Hazards in the Kitchen 10 GLH	Understanding Rooms in the Home 10 GLH
	Lesson B	Experiencing, Creating and Exploring Portraits 10 GLH		Being Healthy 10 GLH		Following Directions 10 GLH	
	Lesson C	Understanding Own Personal Hygiene 10 GLH		Personal Profile - This is Me 20 GLH		Dressing Myself 10 GLH	
Year 2 WTE1	Lesson A	Engaging with Equipment in a Sensory Room 10 GLH	Using Technology to Communicate with Others 10 GLH	Showing Consideration for Others 10 GLH		Recycling in Own Home 10 GLH	
	Lesson B	Animal Care 10 GLH		Distinguishing Between Right and Wrong 10 GLH		Road Skills: Crossing the Road Outside School 10 GLH	
	Lesson C	Leisure in the Community 10 GLH		Participate in Gardening Activities 10 GLH			Group Nature Project 10 GLH