

ST HUGH'S SCHOOL



Learn • Believe • Achieve • Together

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Head Teacher: Tracy Millard

Dear Parent/Carer

Due to the current climate it is not possible for us to partake in school sports events with other schools. I have registered us to take part in the Panathlon challenge which will involve a range of virtual competitions throughout the year.

Panathlon foundation is a sports charity that enables children of all abilities to have access to competitive sport. Students in Keystage 3 will have the opportunity during their PE lessons to practice the required skills and then submit scores to be part of the national competition.

In order to keep students engaged, Panathlon have set up an at home challenge that can be completed during half term. These challenges can be completed with everyday objects such as bottles, toilet roll tubes, rolled up socks etc and no specialist equipment is required.

I have put the web address below. Here you will find information that can be downloaded including videos of what to do. A scorecard can be filled in and emailed off and your child may be able to claim a certificate.

<https://panathlon.com/panathlon-launches-at-home-sporting-challenges/>

David Robinson (SSCO)

